

NYSCRC
New York State Caregiving & Respite Coalition

Helping Caregivers Find Respite in NY: Developing an Inventory
New York's Lifespan Respite Grant Initiative

**Lifespan Respite Care Act
P.L. 109-442**

Passed 2008

Purposes:

- To expand and enhance respite care services;
- To improve statewide dissemination and coordination of respite care;
- To provide, supplement, or improve access and quality of respite care services.

LIFESPAN RESPITE CARE: The term 'lifespan respite care' means a coordinated system of accessible, community-based respite care services for family caregivers of children or adults with special needs.

RESPITE CARE: The term 'respite care' means planned or emergency care provided to a child or adult with a special need in order to provide temporary relief to the family caregiver of that child or adult.

Lifespan Respite Initiative

Lifespan Respite Initiative

Goal

- Expand and strengthen the New York Caregiving and Respite Coalition (NYCRC) to build a caregiver support services network and develop a statewide coordinated system, increasing access to respite services for families across age/disability spectrums, including access to emergency respite services.

Lifespan Respite Initiative

Objectives

1. Develop a coordinated system of accessible, community-based respite services for people of all ages/across all needs.
2. Conduct a statewide inventory of respite services and include in the statewide NY Connects database.

Lifespan Respite Initiative

Objectives

3. Identify and facilitate development of respite services for underserved populations.
4. Identify current programs that train informal caregivers and provide a methodology to link caregivers to programs.

Lifespan Respite Initiative

Objectives

5. Determine good practices and establish linkages to recruitment and training of volunteers.
6. Raise public awareness about caregiving and value of respite.
7. Develop a strategic approach to ensure sustainability.

Lifespan Respite Initiative

KEY PRODUCTS:

- Respite data base.
- Web-based 'good practices' inventory.
- Caregiver, volunteer, and professional training materials.
- Media materials about Lifespan Respite.

NY Lifespan Respite Think Group Process

The THINK GROUP

- By interest and by invitation, representing a broad cross-section across the Lifespan and Disability spectrum.
- Length of term: March 2011- August 2011.
- Convened in March with 2 introductory calls

THINK GROUP

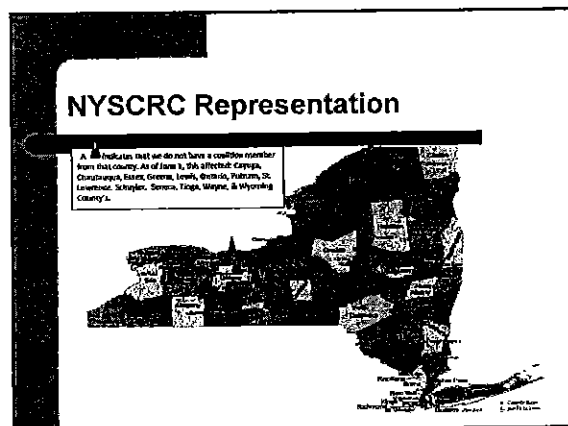
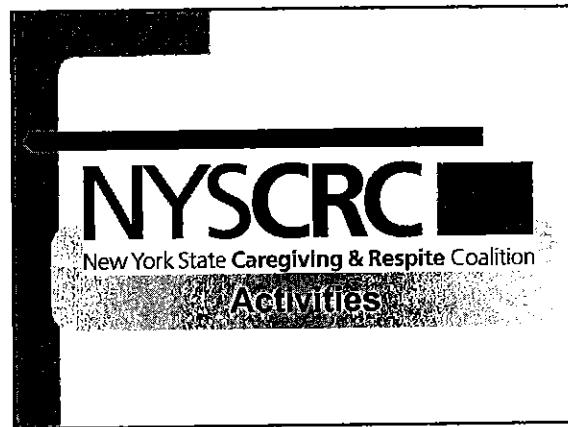
- Purpose: to explore how different systems define and utilize "Respite".
- Desired Outcome: a common language surrounding "Respite", "Caregiver", and "Care Recipient".
- Process: Monthly conference calls with presentations by representatives from a variety of systems. Thus, exposing the group to how others define and utilize "Respite".

Challenges

- *The biggest challenge:*
the meaning of 'respite' in different systems, for different populations – incorporating all of it under the 'lifespan respite' definition

When all is said and done

The work of the THINK GROUP will be used to provide the framework of the Respite Inventory Process.



- NYSCRC Activities and Goals**
- | Activities | Goals |
|---|--|
| <ul style="list-style-type: none"> • Sponsor LIFESPAN Respite Program • Monthly Newsletter • Mid Month HERO Award • Presence at regional activities and conferences • Communication enhancements (Web, Facebook, etc.) • Coordination of THINK GROUP • Establish Advisory Group • Conduct Respite Inventory • Develop Respite Database | <ul style="list-style-type: none"> • Coalition member in every county • Become the 'one stop shop' for information and resources related to Caregiving and Respite • Become a national model for the Lifespan Respite Program |

CONTACT INFORMATION:

To register as a member of NYSCRC/SCRCNY or For more information and to join the Lifespan Respite Think Group, contact:

Maureen K. Murphy
 Director, New York Caregiving and Respite Coalition (NYCRC)
mmurphy@lifespan-roch.org
 585-645-9217

Thank You