

# WHO is involved in a Livable Community Village

YOU and stakeholder groups that want to build and sustain a good quality of life for all generations:

- Community-based and civic organizations
- Houses of worship
- Government officials
- Cultural groups
- Neighborhood associations
- Service clubs
- Social organizations
- Senior centers
- Group housing and apartment associations
- The business community
- Schools, colleges, libraries
- Adult children of seniors
- Grandchildren
- Young people who can learn from seniors
- Baby Boomers
- Organizations serving people with disabilities
- And the 187,000 seniors in Westchester



## EVERYONE will benefit from living in a country that successfully addresses the needs of seniors

"The soul of the community lives in its villages."

-Mahatma Gandhi

For more information visit  
[www.westchestergov.com/seniors](http://www.westchestergov.com/seniors) then click on  
 Livable Community Village Approach  
 Mae Carpenter, Commissioner  
 Westchester County Department of Senior Programs and Services

# HOW to become a Livable Community Village

- Sign up your group to enjoy the benefits of becoming a Livable Community Village by calling 914-813-6407 at the Westchester County Department of Senior Programs and Services
- It is recommended that one member be the contact person to receive and exchange information
- Begin the exchange of information by reaching out to the Regional Livable Community Connections listed below

## Regional Livable Community Connections (LCC)

North West LCC at  
 Westchester Community  
 College:

Bhariff Manor, Buchanan, Cortlandt,  
 Canton-on-Hudson, Ossining, Peekskill  
**914-606-6528**

North Central LCC at Family  
 Services of Westchester:  
 Mt. Kisco, Mt. Pleasant, New Castle,  
 Pleasantville, Sleepy Hollow, Yorktown  
**914-241-0770**

North East LCC at ALOFT:  
 Bedford, Lewisburg, Mt. Kisco, North Castle,  
 North Salem, Pound Ridge, Somers  
**914-764-3356**

West Central LCC at  
 Westchester

Jewish Community Services:  
 Ardsley, Dobbs Ferry, Elmsford,  
 Greenburgh, Hastings-on-Hudson,  
 Irvington, Tarrytown  
**914-761-0600, ext. 314**

## Livable Community Village Approach

Westchester  
[gov.com](http://gov.com)

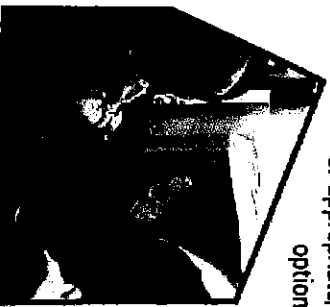
Robert P. Astorino, Westchester County Executive  
 County Board of Legislators



## WHAT is a Livable Community

It is a community that offers seniors the opportunity to add life to their years by staying in their own homes or appropriate, affordable, accessible housing options in their community with:

- A wide range of recreational, social and cultural activities
- Good healthcare
- Public transportation plus walkable streets
- Preservation of its positive features for the future



**And, most importantly,  
it has a "Village" personality**

## WHAT is a Livable Community Village

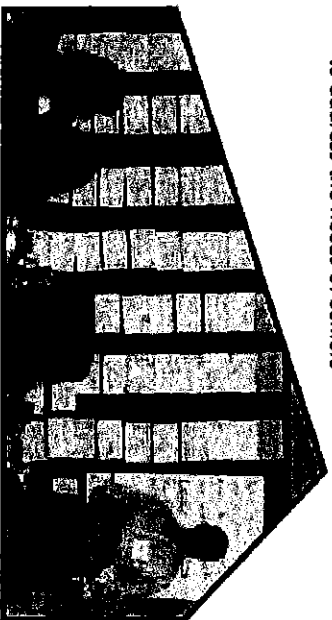
Livable Community Villages are networks of people with shared interests. And the good news is such villages already exist throughout Westchester in the form of neighborhood associations, houses of worship, congregational housing and civic and social organizations.

- People of all ages interact
- "Helping your neighbor" is a way of life
- There is a commitment to safety and ease in getting around

For more information contact:  
Dozene Guishard  
(914) 813-6407  
dzg1@westchester.gov.com

## WHAT are the benefits of becoming a Livable Community Village

- Free access to community educational seminars and forums for all ages
- Participate in a free village survey of members' interests, needs, talents and skills
- Collaborate and build partnerships with community groups to better serve the members of your village
- Create and coordinate innovative volunteer services to match the needs of your village members
- Provide your members with advocacy tools and information to address the needs of seniors



*AARP Community Visiting*

**Educate + Advocate + Collaborate =  
A positive formula for change**

*"It would be great if residents, through awareness,  
discussion and action, could improve the quality of life for  
all individuals and communities."*

*— Mae Carpenter, Commissioner,  
Westchester Department of Senior Programs and Services*

## WHY a Livable Community Village

- There are some 187,000 people over the age of 60 in Westchester, or roughly one in five residents. This number will rise dramatically as the Baby Boomers age
- More than 80% of older adults want to stay in their own homes
- Cost of nursing home care exceeds \$12,000 per month. Living at home, when appropriate, is better and less costly
- Roughly 35% of older adults find it difficult to afford the cost of a private automobile; they need public and volunteer transportation and a pedestrian-friendly environment
- Seniors living alone account for 29% of the County's single-person households and 78% of those seniors are women
- People over the age of 85 constitute the County's fastest growing population sector
- There is a shrinking number of available paid and family caregivers; therefore seniors need to rely on each other
- Studies show that interaction with other people prolongs and enhances the quality of life for seniors



**Meeting the goals of developing  
and maintaining Livable Community Villages  
is necessary for you and your loved ones**